

Specialist referrals in Sussex, Surrey and Kent for:

Paediatric dentistry
Restorative dentistry
Endodontics
Periodontics
Prosthodontics
Implants
www.graystonereferral.com



Laboratory instructions for home whitening tray(s)

Please could you follow the instructions that are ticked only?

- Cast up upper and lower impressions in improved dental stone (Type IV gypsum)
- Create dosing dots (2mm x 2mm blobs) on the mid labial surface of all of the teeth using blue light-cured blocking out material except for:
...../.....
- Fabricate fully extended whitening tray(s) using 1.5mm clear Ethylene-vinyl-acetate2 (EVA) e.g. Scheu Bioplast 1.5
- Do not scallop the margins of the whitening tray around the gingivae
- Use a straight cut of the tray leaving approximately 3mm above the gingival zenith
- Return in a hard retainer box with perforations

Diagram(s):



Please do not hesitate to contact me if you have any queries on 07957391314 or aj@graystonereferral.com.

Examples of similar temporary adhesive bridges (TAB) are available at www.graystonereferral.com

Many thanks

A handwritten signature in black ink that reads 'Ray-Chaudhuri'.

Mr. AJ Ray-Chaudhuri BDS MFDS RCSEd MJDF RCSEng LLM AFHEA FDS RCSEng

Specialist in Restorative dentistry, Prosthodontics, Periodontics and Endodontics