

Information for surgery

Instructions prior to surgery

It is important that you take any prescribed medication as instructed by your doctor. It is also essential that you have a light meal prior to your treatment.

We will provide you painkillers just prior to the surgery but you will be required to buy any non-prescription painkillers e.g. Paracetamol, Ibuprofen, Codeine etc...

Written consent will be taken/confirmed on the day prior to embarking on the treatment.

Instructions after surgery

A full post-surgical instruction pack will be supplied to you.

The majority of patients prefer not to return home using public transport.

It is also recommended that patients do not return to work after surgery and many patients are required to take the following 1-3 days off depending on the complexity of the care.

If you have any further questions prior to your surgical visit please visit my website www.advancedrestorativecare.com

Alternatively, please feel free to email me on aj@advancedrestorativecare.com



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