

Specialist referrals in Sussex, Surrey and Kent for:

Paediatric dentistry
Orthodontics
Restorative dentistry
Endodontics
Periodontics
Prosthodontics
Implants
Oral & Maxillofacial surgery
Facial Aesthetics
Sedation
Dental Imaging
Hygiene & Therapy

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Laboratory instructions for inside/outside home whitening tray(s)

Please could you follow the instructions that are ticked only?

- ☐ Cast up the impression(s) in improved dental stone (Type IV Gypsum):
- ☐ Fabricate whitening tray(s) using 1.5mm clear Ethylene-vinyl-acetate2 (EVA) e.g. Scheu Bioplast 1.5 extending on to the following teeth only:

...../.....

- ☐ Cut the entire labial surface out on the following teeth:

...../.....

- ☐ Leave the entire labial surface on the following teeth:

...../.....

- ☐ Do not scallop the margins of the whitening tray around the gingivae
- ☐ Use a "straight cut" on the tray leaving approximately 3mm above the gingival zenith
- ☐ Return in a hard retainer box with perforations

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Diagram(s):



Please do not hesitate to contact me if you have any queries on 01273054741 or info@graystonereferral.com

Many thanks

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